

NEW GUIDELINES MAY ALLOW MEMBERS OF MILITARY TO DONATE BLOOD AGAIN

Some blood donor eligibility criteria will change March 21, 2005 – most of these criteria changes will allow more people to donate, not less. Changes have occurred regarding travel outside the United States. The information below is a sample of what the new travel guidelines related to CJD will be.

Important: If a donor has attempted to donate prior to March 21, 2005 and was deferred under the old guidelines, but is now eligible under the new guidelines, he or she must call Donor Suitability at 1-800-294-3347 to begin the reinstatement process. A donor **MUST** call Donor Suitability prior to attending a blood drive or visiting a blood donor center to begin donating again.

CJD Information Sheet



Together, we can save a life

Please do not donate if you—

- ◆ Since January 1, 1980 through December 31, 1996—
 - Spent a total time that adds up to 3 months or more in any country(ies) in the United Kingdom (UK). The UK includes any of the countries listed in Table 1 below.
- ◆ Were a member of the U.S. military, a civilian military employee, or a dependent of a member of the U.S. military that spent a total time of 6 months on or associated with a military base in any of the following areas during the specified time frames—
 - From 1980 through 1990 - Belgium, the Netherlands (Holland), or Germany
 - From 1980 through 1996 - Spain, Portugal, Turkey, Italy or Greece
- ◆ Since January 1, 1980 to present—
 - Spent a total time that adds up to 5 years or more in Europe (includes time spent in the UK from 1980 through 1996 and time associated with the military bases in Europe as outlined above). The European countries that are affected are listed below in Table 1 and Table 2.
 - Received a blood transfusion in any country(ies) listed in Table 1 below.
 - Received an injection of bovine (beef) insulin made in any of the countries listed below.
- ◆ Ever received—
 - A dura mater (or brain covering) transplant during head or brain surgery.
 - Human pituitary growth hormone (brain extract).
- ◆ Any blood relative has had Creutzfeldt-Jakob disease. A blood relative is your mother/father, grandparent, sibling, aunt/uncle or children.
- ◆ Have been told that your family is at risk for Creutzfeldt-Jakob disease.

If any of these apply to you, your donation cannot be accepted. If you have any questions, please ask us. We sincerely appreciate your support.

Table 1

United Kingdom

- | | | | |
|-------------------|--------------------|--------------------|------------|
| ◆ Channel Islands | ◆ Falkland Islands | ◆ Isle of Man | ◆ Scotland |
| ◆ England | ◆ Gibraltar | ◆ Northern Ireland | ◆ Wales |

Table 2

Europe

- | | | |
|----------------------|---|---|
| ◆ Albania | ◆ Hungary | ◆ Poland |
| ◆ Austria | ◆ Ireland (Republic of) | ◆ Portugal |
| ◆ Belgium | ◆ Italy | ◆ Romania |
| ◆ Bosnia/Herzegovina | ◆ Kosovo (Federal Republic of Yugoslavia) | ◆ Serbia (Federal Republic of Yugoslavia) |
| ◆ Bulgaria | | ◆ Slovak Republic (Slovakia) |
| ◆ Croatia | ◆ Liechtenstein | ◆ Slovenia |
| ◆ Czech Republic | ◆ Luxembourg | ◆ Spain |
| ◆ Denmark | ◆ Macedonia | ◆ Sweden |
| ◆ Finland | ◆ Montenegro (Federal Republic of Yugoslavia) | ◆ Switzerland |
| ◆ France | | ◆ Turkey |
| ◆ Germany | ◆ Netherlands (Holland) | ◆ Yugoslavia (Federal Republic includes Kosovo, Montenegro, and Serbia) |
| ◆ Greece | ◆ Norway | |